



## **North Hampton School Spring Sports 2021**

### **Assumption of Risk, Release of Liability, Indemnification and Medical Clearance**

As a parent/legal guardian, I authorize my child's full participation in spring sports at North Hampton School. I understand that injuries, severe, minor, permanent damage or even death can occur as a result of my child being allowed to participate, I, for myself, my child, and our representatives, to the fullest extent of the law, waive, release, discharge, indemnify, and covenant not to sue North Hampton School District, the Town of North Hampton, and all their staff/employees/volunteers for any injury, illness, loss, or damage resulting or arising from my child's participation in the program and/or while upon the premises where the activity is being conducted even if caused by the negligence of the District, Town or their staff/employees/volunteers. My child is covered with family insurance in the event of an accident or injury. I attest my child is in good health and has no restrictions on participating in athletics.

### **Athlete Responsibility**

I agree to follow all instructions and procedures given by the district personnel and their agents in order to maintain a maximum level of safety. I understand that North Hampton School District is not responsible for any loss of personal effects brought to school, practices, and/or games. To assure safety, personal listening devices are not permitted (earpods, phones, etc.).

### **COVID-19 Guidelines**

I agree and understand there are specific guidelines in place for athletes to participate in spring sports and understand these guidelines do not prevent athletes from contracting or coming in contact with someone who has COVID-19. All athletes will be given instruction on these guidelines prior to training. Some of the guidelines include:

1. Athletes will need to answer a daily questionnaire and will not be allowed to train if they answer "yes" to any question.
2. Athletes who exhibit signs and symptoms of illness will be asked to leave and be given guidelines on how to return.
3. Athletes are required to wear face coverings when arriving and have them available for areas/times where 6-foot social distancing cannot occur. Coaches will wear a face mask during times of instruction or when social distancing cannot occur.
4. Athletes should bring their own water bottle and personal equipment and shall not share them.

5. Athletes will be required to bring their own hand sanitizer and will have access to disinfectants for cleaning equipment.
6. Athletes will be asked to go directly home after practices. They should shower immediately after returning home. They will have access to hand sanitizer when outside and access to designated bathrooms for hand washing.

\*I have read, understand and agree to the above states: Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Athlete Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_