

# North Hampton Student Athletic Contract

## As a North Hampton Athlete I...

1. Will be dressed and ready for practice by 3:00.
2. Will provide the coach(s) with a note from a parent prior to a missed practice, or speak to them in person, for an excused absence. An excused practice is: a note from a parent about a doctor's appointment, extra help after school for academics, or leave school due to illness.
3. Understand that 2 unexcused absences will result in my removal from the team.
4. Understand that if I miss the practice before a game due to an unexcused absence, I must attend the game, but will not be allowed to participate.
5. Will support and encourage my teammates in friendly competition.
6. Will display proper conduct and behavior at all times. This not only pertains to the playing areas, but also the locker rooms, buses, or any time you are representing our school.
7. Understand that I may not play as much as others in every game, but that I will be a team player and encourage those that are in the game.
8. Will go to the coach if there is a problem or question related to that sport.
9. Am responsible for knowing the game and practice schedule. If I have any question, it is my responsibility to go to the coach for a schedule.
10. Am responsible for keeping track of, taking care of, and remembering my uniform and/or equipment for every event. If I forget my uniform, and/or equipment, I realize that I will not be able to borrow another one and will not be able to play.
11. If an injury occurs, you must inform your coach immediately. This must be followed by a note from a parent indicating awareness of the injury and what precautions parents want taken.
12. Will remember that I participate to have fun, and the game is for me and my team, and not for anyone else.
13. Understand that doing my best is more important than winning, and that I will never feel defeated by the outcome of a game or my performance.
14. Will be a positive role model for my team and will demonstrate and encourage sportsmanship at every game, practice, and/or other sporting event by showing respect, courtesy, and positive support for all players, coaches, officials, and spectators.
15. Will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing, taunting, or using profane language or gestures. I understand that in doing so, this may result in my immediate dismissal from the team.
16. Will refrain from undermining or spreading ill will by passing on gossip, rumors, and/or innuendoes that would, or could, destroy team moral or cohesiveness. I understand that in doing so, it can result in my immediate dismissal from the team.

\_\_\_\_\_  
Athlete's Name

\_\_\_\_\_  
Sport/s

\_\_\_\_\_  
Athlete's Signature/Date

\_\_\_\_\_  
Parent(s) Signature

# North Hampton Parent/Guardian Athletic Contract

## As a North Hampton Parent I/We...

1. Have read, and agree to all terms on our child's Athletic Contract.
2. Will try to avoid my child missing a practice (due to Doctor's or Dental appointment, etc.)
3. Understand that some appointments are unavoidable and I will write a note to the coach prior to my child missing a practice or game.
4. Will pick up my child **promptly** after each session (practice and games), or give written permission for them to ride with another parent.
5. Understand that picking up my child as late as 15 minutes after the end of each session, on as many as 3 occasions, will result in my child's dismissal from the team. (Car-pooling is certainly an alternative, but you must submit a note to the coach indicating whom they are allowed to ride with).
6. We (and our guests) will remember that children participate to have fun, and the game is for the child and his/her team, and not for anyone else.
7. We (and our guests) will teach and encourage that doing one's best is more important than winning, so that our child will never feel defeated by the outcome of a game or his/her performance.
8. We (and our guests) will be positive role models for our child and will demonstrate and encourage sportsmanship at every game, practice, and/or other sporting event by showing respect, courtesy, and positive support for all players, coaches, officials, and spectators.
9. We (and our guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing, taunting, or using profane language or gestures. We understand that in doing so, this will result in an immediate dismissal, and ban from all school athletic events.
10. We (and our guests) will refrain from undermining or spreading ill will by passing on gossip, rumors, and/or innuendoes that would, or could, destroy team moral or cohesiveness. We understand that in doing so, this will result in an immediate dismissal, and ban from all school athletic events.
11. Have talked to our child and our plan in the event of a practice/game cancellation is for our child to: (Circle one)  
A) Ride the bus home                      B) Be picked up after school
12. YES / NO (Circle one) - I have signed up to receive alerts via schedulestar.com. This is the best and only way for the school to communicate any schedule changes and/or updates.

\_\_\_\_\_  
Athlete's Name

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Athlete's Signature/Date

\_\_\_\_\_  
Parent(s) Signature