



MARCH 2024

North Hampton School

Paid lunch \$3.25 Reduced Lunch \$.40
Paid breakfast \$2.00 reduced Breakfast \$.00
Adult Meal Prices:
Lunch \$4.25 Breakfast \$3.00
Ala Carte Milk \$.50

Monday

Tuesday

Wednesday

Thursday

Friday

Pay Online @ezschoolpay.com

1

Winter Vacation

Salad : Crispy Chicken

4

Ravioli
WG Roll
Cucumber Sticks
Peaches
Milk

5

WG Cheese Quesadilla
Spicy Beans
Mixed Greens W/ Lite Ranch
Applesauce
Milk

6

National Oreo Day
Italian Marinated Chicken
Brown Rice
Steamed Carrots
Chick Peas
Craisans

7

WG Cheese Pizza
Tossed Salad W/ Lite Italian
Strawberries
Cookie
Milk

8

Hamburger Patty
Served on WG Roll
Oven Fries
Lettuce, Tomato & Pickles
Oranges
Milk

11

Salad: Fajita Chicken

WG Ham & Cheese Croissant
Sweet Potato Tots
Broccoli Spears
Apple
Milk

12

No School

13

American Chop Suey
Green Beans
Tossed salad W/ Lite Italian
Peaches
Milk

14

National Potato Chip Day
WG Cheese Pizza
Mixed Greens W/ Lite Ranch
Baby Carrots
Fruit Salad
Milk

15

Fish Sticks
Oven Fries
WG Roll
Coleslaw
Orange Wedges
Milk

18

Salad: Asian Chicken

Breaded Chicken Leg
Steamed Broccoli
WG Breadstick
Apple
Milk

19

Beef Tacos
Served on WG Corn Shell
Tender Corn
Lettuce & Salsa
Pineapple
Milk

20

WG Baked Cheese Sandwich
Tomato Soup
Cuke Spears
Honey Dew
Milk

21

National French Bread Day
WG French Bread Pizza
Spinach Salad
Strawberries
Cookie
Milk

22

Pulled Pork
Served on WG Roll
Baked Beans
Coleslaw
Peaches
Milk

25

Salad: Buffalo Chicken

Turkey BLT
Served on WG Roll
Smiley Fries
Cucumber Slices
Craisans
Milk

26

National Spinach Day
Beef Chili
WG Cornbread
Spinach Salad
Pear
Milk

27

Chicken & WG Waffle
Roasted Butternut
Broccoli Salad
Oranges
Milk

28

WG Cheese Pizza
Tossed Salad
Buffalo Cauliflower
Grapes
Jello
Milk

29

Hot Dog
Served on WG Roll
Baked Beans
Baby Carrots
Apple
Milk

This Institution is an Equal Opportunity Provider.



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Student Price = \$2.00, Reduced Price .0/ Adult Price = \$3.00



Breakfast Is Grab & GO – Students may also come right from bus or drop off to the café to receive their breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cinnamon Bun Fruit Juice 1% Milk	Cereal 2oz Muffin Fruit Juice 1% Milk	WG Cinnamon Bun Fruit Juice 1% Milk	Cereal 2oz Muffin Fruit Juice 1% Milk	Waffles Or Pancakes Fruit Juice 1% Milk

- **March 4th-March 8th is National School Breakfast Week. Watch for samples and prizes at breakfast!**
- Check the **School Website** for **menus, Wellness and Charging policies and procedures** along with **Free & Reduced applications**.
- If your child has allergies or food restrictions please reach out to Nurse Mara and myself so we can accomadate these situations and get you the correct form to be filled out by a medical proffessional.
- Any questions or concerns please contact Paula Field by phone (603)964-5501 X219or email pfield@sau21.org
- Lunch will have the option of chocolate FF milk or 1% white milk, skim white.
 - **If you are trying to create an online account on ezschooldpay.com, you need your student number. This can be found on your balance notice.**
- Please be aware the School Nutrition Staff work very hard and take every precaution to keep our students dining experience safe for all involved.

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